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HEALTH EDUCATION LEAGUE BOOKLETS. The Health Education League,  
113 Devonshire Street, Boston.

	Each	Per Hundred
1. "Hints for Health in Hot Weather".....	2c.	\$1.50
2. "Milk," by Chas. Harrington, M.D.....	3c.	2.50
3. "Colds, and Their Prevention".....	2c.	1.50
4. "Meat and Drink," by Ellen H. Richards.....	3c.	2.50
5. "Healthful Homes" .....	4c.	3.00
6. "The Successful Woman," by W. R. Woodbury, M.D. 4c.		2.50
7. "The Boy and the Cigarette," by H. S. Pomeroy, A.M., M.D. ....	5c.	3.00
8. "The Care of Little Children," by R. W. Hastings, A.M., M.D. ....	3c.	2.50
9. "The Plague of Mosquitos and Flies".....	2c.	1.00
11. "Tonics and Stimulants," by Ellen H. Richards....	2c.	1.50
12. "Emergencies," by Marshall H. Bailey, M.D.....	8c.	5.00
13. "Microbes, Good and Bad," by Anne F. Rogers.....	4c.	3.00
15. "The Efficient Worker," by Ellen H. Richards....	4c.	2.75
16. "Sexual Hygiene" .....	4c.	2.50

This series of little health tracts may be had packed in a neat box or a single subject may be obtained in prices as quoted above.

Of these the most practical and suitable to the class in need of instruction are those by the women writers, Mrs. Ellen H. Richards and Miss Anne F. Rogers, after whom we may place H. Sterling Pomeroy, A.M., M.D., who writes on "The Boy and the Cigarette," who uses arguments known to influence boys,—the danger of cutting off chances for army and navy life, the tendency to dwarf the boys physically and mentally (boys hate and fear to be classed as "wanting"), and finally giving practical advice to those who wish but do not know how to break the habit.

Some of the others contain useful hints but nearly all go over the heads of those who ought to be reached by them, and are too scientific for the masses. True there is in each some simple truth plainly stated, but the grain of corn is mostly hid in a bushel of chaff and the books are arranged so that the all-important fact is apt to come in at the end after several pages of historical and statistical matter which tends to choke off the reader before he reaches the point of the subject. This is especially true of "Tuberculosis" by E. O. Otis, M.D., one of the latest published tracts. The tract on "Sexual Hygiene" fails to show the way to parents and teachers who would fain help the children committed to their care but who must needs go uninstructed because parents do not know how to approach the subject any better than do the children's teachers.

The Health Education League has made a good start and no doubt in time will evolve a way to come in touch with the people they wish to reach.

TONO-BUNGAY. By H. G. Wells. Duffield & Co., 36 West Thirty-seventh Street, New York.

This book, like the earlier "Kipps" by the same author, is said by literary gossip to be autobiographic. One can scarcely believe, however, that it is other than a fancy sketch. The rise and fall of the famous patent medicine "Tono-Bungay" and the fluctuations it caused in the fortunes of Mr. Edward Ponderevo, his wife, and his nephew give Mr. Wells the chance he dearly loves of showing the British public alternately in the rôles of the humbug and the humbugged. Mr. Wells loves to lift the veil from mysteries and open the closets which hold the family skeleton and generally expose the cheapness of our little game. Business, so long a sealed book to the uninitiated for instance, here becomes a sport of chance—the exploitation of some simple old prescription makes a pathway of gold for Mr. Ponderevo to lead his wife to the land of heart's desire (she prefers a tea gown, a sofa, unlimited subscription to a circulating library, and all the tea cakes she fancies); the mad rush of financiers of the Ponderevo type to get "in with him" once his success becomes apparent, the haste with which they forsake him when misfortune tracks him down once more. Business appears shabby and sordid enough as Mr. Wells shows us the vital processes of its workings. While the book is English, in its essentials it knows no country and no family. The vulgar side of life as shown here is not confined to English class-ridden folk; even in this land of freedom and equality conditions exist that might parallel those in Tono-Bungay.

PRACTICAL DIETETICS, WITH REFERENCE TO DIET IN DISEASE. By Alida Frances Pattee, Graduate Boston Normal School of Household Arts; Late Instructor in Dietetics to Bellevue Training School for Nurses, Bellevue Hospital, New York; Special Lecturer at Bellevue, Mt. Sinai, Hahnemann, and Flower Hospitals, New York City, and St. Vincent de Paul Hospital, Brockville, Ontario. Fifth Edition. 12mo cloth. 300 pages. Price, \$1.00 net. A. F. Pattee, Publisher, 52 West Thirty-ninth Street, New York.

This book has so often been reviewed in these pages that it only needs a call to the reader's attention, as it appears in its fifth edition.